

# Annexure - "A"

Syllabus for Written test (Objective Type) for the post of Supervisor in Mission Poshan, Social Welfare Department.

Marks: 120

Time: 120 mins.

The exam shall aim to evaluate the candidates for their scientific, analytical and numerical aptitude and their general awareness over the broad range of subjects including the specialized subjects. The medium of examination shall be English.

S. No.	Subjects/Topics	Marks Assigned
1.	General awareness with special Reference of UT of J&K	20
2.	General English & Comprehension	10
3.	General intelligence & Reasoning	10
4.	General Science	10
5.	Computer (Application based)	10
6.	Specialization	60

1. **General Knowledge with special reference to J&K:** **Marks: 20**

- i. Current Events of National importance.
- ii. Indian History, Culture, Heritage and Freedom Struggle/Movement.
- iii. Indian Constitution- Basic Features, Preamble, Fundamental Rights, Fundamental Duties, Directive principles of State policy.
- iv. Political & Physical divisions of India.
- v. Demography- Census, its feature and functions.
- vi. Weather, Climate, Crops, Means of Transport of India.
- vii. Environment, Ecology & Bio-diversity
- viii. J&K UT: History, Geography, Economy, Heritage & Culture, J&K Reorganization Act, 2019

2. **General English & Comprehension** **Marks: 10**

- i. Tenses.
- ii. Rearranging of jumbled sentences.
- iii. Narration.
- iv. Modals/Articles.
- v. Clauses.

- vi. Synonyms and antonyms.
- vii. Pairs of words and their use in meaningful sentences.
- viii. Idioms and phrases.
- ix. Uses of Prepositions.
- x. Active & Passive Voice.

3. **General intelligence & Reasoning** **Marks: 10**

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**a. Basic Arithmetic:**

- i. Number System.
- ii. Percentage.
- iii. Average.
- iv. Profit & Loss.
- v. Ratio & Proportion.
- vi. Time & Work.

**b. Reasoning:**

- i. Number series.
- ii. Letter series.
- iii. Coding decoding.
- iv. Direction sense.
- v. Blood relations.
- vi. Mathematical reasoning.
- vii. Speed, Distance and Time.
- viii. Statements and conclusions.

4. **General Science** **Marks: 10**

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- i. Various sources of energy.
- ii. Nutrition and its types, Respiration, Transportation of water, food and minerals in plants.
- iii. Communicable & Non-Communicable Diseases.
- iv. Vitamins- Diseases related to vitamin deficiency.
- v. Ecosystem - Its components, Food chains and Food webs.
- vi. Environmental pollution. Ozone layer, its depletion, Green House Effect.
- vii. Vaccines and Immunization.

5. **Computer** **Marks: 10**

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- i. Basic Applications of Computer and its components.
- ii. Fundamentals of computer sciences.
- iii. Input & output Devices.
- iv. Knowledge of MS Word, MS Excel, MS Access, MS Power point, PDF Internet an E-mail.
- v. Concept of Computer Virus and Anti-Virus.

- vi. Hardware & Software, Elements of Computers Processing System Hardware, CPU, Peripherals, Storage Media, Software Definition, Role and Categories Firmware and Human-ware.
- vii. Role of Information Technology in Governance.

6. Specialization: **60 Marks**

**UNIT-1**

Marks: 10

- i. Society, Community, Association
- ii. Social Stratification: Caste, Class and Social Stratification in India
- iii. Social Institutions: Norms, Values, Folkways and Mores
- iv. Marriage, Kinship and family.
- v. Social Change: Industrialization, Globalization, Modernization.

**UNIT-2**

Marks: 10

- i. Gender inequalities and issues.
- ii. Gender law & Human rights.
- iii. Stages and theories of Human development (Freud, Erikson).
- iv. Socialization and its theories.
- v. Anxiety disorders: Phobia, OCD, GAD, Panic disorder, PTSD.

**UNIT-3**

Marks: 10

- i. Human Rights: Concept and Evolution
- ii. Universal Declaration of Human Rights
- iii. Understanding sex, Gender, Sexual division of labour.
- iv. Women rights/ Child rights
- v. Social evils- Child abuse, Child labour, Female feticide, infanticide and Drug Addiction

**UNIT-4**

Marks: 10

- i. Poverty and unemployment
- ii. Population explosion, Global warming and Climate Change
- iii. Indicators of social development
- iv. Trafficking, Beggary, Corruption

## UNIT-5

Marks: 10

- i. Growth and development
- ii. Food, Nutrition, Health and fitness
- iii. Physiology and promoting health
- iv. Food science and processing
- v. Chemical analysis of food
- vi. Food and personal hygiene

## UNIT-6

Marks: 10

- i. Government and Non Government Programmes- Medical health care, Adoption, Foster care, Institutional care, children act and children rights
- ii. Health and Family Welfare Programmes
- iii. Early childhood care and education
- iv. Old age and Disability Schemes
- v. Poshan Abhiyan, Poshan tracker, Poshan vaticas, Supplementary Nutrition Programme
- vi. Anganwadi Services, Pradhan Mantri Matru Vandana Yojana (PMMVY), Scheme for Adolescent Girls (SAG), Janani Suraksha Yojana (JSY), National Health Mission (NHM)
- vii. Paalna- convergence of Anganwadi Centers into crèches
- viii. Ladli Beti Schemes, State Marriage Assistance Scheme etc.